

## If I needed mental health I'd look for it. But I don't, so stop lying.



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I do not need a therapist. I need a lawyer. No therapist is going to convince me I'm a loser and I should give up wanting to be an actor. To me actors are cool. Everything else is boring. And I hate my parents for wanting me to be bored. I hated accounting. I hated data entry. I hated selling clothes. I liked working in a video store. Free movies. I loved my life when I was an extra. But I was also networking, studying cold reading, and learning about script writing and how to shoot with a DSLR. I learned to love film acting more than I ever loved stage. I also did a play in Long Beach. I wrote Theater reviews. I was treated however as if I were being Lazy. I was treated as if I was irresponsible for having a job that is recommended in the trades as a way for actors and film makers to learn the industry and get to know people.

I had a good reputation. Now people act like they need extra security compliments of lies told by the crew of Grays Anatomy. I have been abused by vicious rumors spread by union members jealous I worked more than they did when I was non Union.

I am sorry but I do not want a therapist trying to heal my PTSD to be a working lawyer. I would want to hurt myself. My father should have had the balls to go to law school himself instead of pushing me to. I do not want a sick relationship with my father. I want no relationship with him. I do not belong in New York or The UK. I belong in Los Angeles. I do not want to be forced to be a person who gets along with my father because then I'd lose respect for myself. My parents think I'm crazy for being vegan and a Buddhist. Well I have been happy as both those

things. And the best year of my life. 2005 when I was working allot on sets and cancer took my breasts.

I am not into being into a relationship. That does not mean I can not pretend to be in One as an actor and be professional about it. I am sick of ignorance. I'm sick of stupidity. I am never going to be rich if you make me be a lawyer. I will not be happy or healthy as a lawyer.

What is important to me is being good at acting and being on sets. What was important to me was my reputation on sets. My goal was to work on sets acting and other jobs. Instead I get treated like I'm in school to hide from the world. I spent four months training with a film maker but as soon as I let it be known his attitude changed.

For the people pretending to make the world a better place be sticking a knife in my back. You prevented me from making Artistic Hope a true vehicle to promote the arts. You robbed me of any hope of doing anything I love. You left me with nothing to work for. Last time I checked a job in a law office will not take a person to making movies or being around actors. Frankly I am not interested in building up a reputation of being good at answering phones or taking notes. I have a GPA of 3.6 at SMC. Though I kind of wonder if Carraco and Carrie had me suspended to fail me.

I was a Phi Beta Kappa student which means I am not the kind of girl who cheats on tests or in relationships. I really am sick of the need people in California have to make me have LOVE in my life, when there idea of love is That I let someone with less intelligence than me who can not be my friend date me. Love in America to me means marrying a wallet not a heart. I'd rather be alone than be with someone just to be with someone.

Because of a Twitter troll telling me I have no talent I stopped caring about editing or taking pictures or writing scripts or poetry. I stopped doing all the things that might have gotten me a job doing what I love. Ive reached a point in my life when if I can not get jobs I love I can't get a job. I'm not applying for jobs because all the jobs I feel qualified to do I'm not allowed to do because of a guy who molested me. I stopped looking because no road I take will give me back being treated like I can be a working actress. I stopped caring because my troll has won. I'm not talented. And since my skills are not worth anything to actors I have no

reason to fight to be successful. I'll never feel good about myself again. And I'd want to scream at any doctor who told me my life is worth something in a real job and I can find love with a guy with money to buy me a house. If the guy is not going to be into taking acting classes I'll eventually want to scream rape and divorce him.

I don't want therapy. Because I don't want to kill myself. And if a therapist makes me give up thinking I can't be like Meryl Streep she would be killing the best part of me.

I was at Santa Monica College for ten years because I was blacklisted. I was trying to find a way to get the slander to stop. I was working to get skills to be on sets knowing I was told I was on a list to need be on a set again. It was a nightmare. Then people at SMC started acting like I needed to work from home, then I needed to not bother. I got comments of not wanting a problem on a set.

Technology kept changing too. I learned Final Cut only for the industry to drop it so I took classes in Premiere Pro and Avid.

I loved my life when people told me I had a reputation for being good on a set and acting. I'm tired of people acting like I'm some desperate woman who needs love. Love is not pathetic. It is not a path of desperation. It is a path where I get to work to be a great actor and love every challenge that brings. It is not some stuck up people pushing into my life for Will Wallace or some Republican or my parents. Go back to India or where ever your from if you think America is about adults having to cater to Parents. I'm never going to settle for people my parents want in my life.

And by the way. I left the Catholic church and I have hated the men in my past who were religious. They all turned out to be misogynist hypocrits. Actually most of my ex boyfriends are actors, musicians or artists. I don't date real estate agents, accountants, or suits. And I never want to. Too much brain work. I'd have to use my imagination not just for artistic endeavors but every day to convince myself I could be happy and in love with a guy with no creative aspirations. Sorry but vmcreativity turns me on not a bank account.



